

# MT. OLYMPUS

WASHINGTON | BLUE GLACIER ROUTE | 5 DAYS | 7,980'



Photo: The view from the top of Mt. Olympus of the Olympic Range (Hans Webster)

## CLIMB MT. OLYMPUS WITH IMG

Mt. Olympus is one of the last remote peaks in Washington State. It is situated in the heart of Olympic National Park and is over 20 miles from the nearest road. Although smaller than many of its Pacific Northwest counterparts, Mt. Olympus is the third-most glaciated peak in the state.

This trip starts at sea level along the Hoh River, and winds its way through the rainforest and finally into the alpine ecosystem. After spending two nights on the trail, the team will further ascend on the Blue Glacier to the summit of Mt. Olympus. This trip is a well-suited for both novice and experienced climbers looking to have a remote mountain adventure in one of the most biodiverse places on the planet.

## PREREQUISITES & TRAINING

The Blue Glacier is a novice climbing route well suited to beginners with no previous mountaineering experience. Guides will conduct some technical training of the skills you need to be successful on this program. Prior experience hiking and backpacking is a plus and will allow you to be more comfortable and confident on this trip.

While this program is suited for novice climbers, Mt. Olympus is still a strenuous climb. All participants must be in very good physical condition and have significant cardiovascular fitness. Each day (except summit day) will require

## 2023 PROGRAM DATES:

July 1-5, 2023  
July 22-26, 2023  
August 19-23, 2023  
Custom programs available

## ADDITIONAL TRAINING CONSIDERATIONS:

- [Baker/Rainier Seminar](#)
- [IMG Mountain School](#)

## LAND COST

Mt. Olympus 5 Day \$1995  
(advertised dates only)

## QUICK LINKS

[Itinerary](#)

[Gear List](#)

[FAQ's](#)

## CONTACT US

(360) 569-2609

[Office@MountainGuides.com](mailto:Office@MountainGuides.com)

## REGISTER

[Click here](#) to get started.

## FEE SCHEDULE

\$500 non-refundable registration fee is due at registration and applies to program fees. Balance of all fees are due 120 days prior to trip departure. Please refer to application package for terms and conditions. All fees and payments are non-refundable and non-transferable. Payments must be received by IMG on or before the due dates.

climbers to carry a heavy backpack (45-50 lbs) over at least 10 miles. For several months prior to the start of the climb, training should include many long, slow runs or hikes over hilly terrain, an hour or more in duration. Add additional weekend outings carrying a heavy pack up steep hills or stairs, ideally gaining 3,000 feet over 3 or more miles. Aim to move consistently at a moderate pace, with breaks approximately every hour.

## ADDITIONAL TRAINING CONSIDERATIONS

Want to get more out of your time in Washington? Take your climb to the next level. We offer several options to enrich your experience and increase your preparedness to summit.

- For those looking to extend their stay in the mountains and gain some extra climbing experience, consider our [Baker Rainier Seminar](#) which combines 2 iconic Washington volcano climbs, Mt Baker and Mt Rainier. This program includes in-depth training, more time for acclimatization, and the opportunity to “warm-up” on the lower Mt Baker before tackling Mt Rainier.
- The [IMG Mountain School](#) is a course for aspiring climbers or for those looking to refresh on their glacier climbing skills. Spend three days with IMG guides learning everything from cramponing to anchor building to team crevasse rescue. After this course climbers should be prepared to be able to utilize their skills on a rope team.

## THE ITINERARY

The trip will start on Day 1 at 10 am at the Hoh River Ranger Station. Itinerary is approximate and subject to change.

Day	Mt. Olympus Summit Climb Itinerary
Day 1	At 10 am on <b>Day 1</b> , your lead guide will take you through a gear check at the Hoh River Rain Forest Visitor Center in Olympic National Park. Here guides will also distribute a little bit of group gear for each team member to carry. Once every one is all packed up and ready to go, the team will depart down the Hoh River Trail. Plan to go about 10 miles on Day 1, meandering next to the Hoh River until reaching the Guard Station. At this camp there are panoramic riverside campsites that the team will occupy for the night. After a nice day of backpacking, the team will eat a nice dinner and get off to sleep.
Day 2	<b>Day 2</b> will start with an early breakfast on the banks of the Hoh river. The team will break down camp and continue on another 10 miles to Glacier Meadows where they will make camp for the night. This day's hike wanders through the edge of the rainforest and into the alpine. Once at camp, the team has the option of taking a spur hike to go see the Blue Glacier. It will be early to bed for the team as the next day is the summit attempt.
Day 3	The team will wake up again early to try for the summit on <b>Day 3</b> . After a quick breakfast, they will be off ascending the moraine and then dropping onto the Blue Glacier. The team will gradually gain elevation before coming to the bottom of Snow Dome. Once over Snow Dome the route gradually ascends to Crystal Pass and then around to the summit block of Mt. Olympus. To gain the final feet to the top, the team will climb a short yet easy rock pitch on belay. Once done with the climb, the team will go down to the same way they came up back to camp. The team will have a nice dinner and get to bed early after a long day climbing!
Day 4	After a restful night's sleep, the team will pack up camp at Glacier Meadows and start the 20 mile journey back to the trailhead. The team will spend their final night back at the Guard Station on the night of <b>Day 4</b> .
Day 5	The team will finish the hike out on <b>Day 5</b> . The final 10 miles back to the car tend to go quickly and the group should return to the cars in the early afternoon.

## CUSTOM PROGRAMS

Contact us for details and scheduling.

### Peak Season, June 1-August 31:

1:1 guiding \$795/day, 2:1 guiding \$595/day per person, 3:1 guiding \$495/day per person, 4:1 guiding \$450/day per person

**Non Peak:** 1:1 guiding \$595/day, 2:1 guiding \$450/day per person, 3:1 guiding \$395/day per person, 4:1 guiding \$350/day per person

## TRAVEL INSURANCE

Trip cancellation and interruption coverages are strongly recommended as all fees are non-refundable and non-transferrable. Be sure the policy you select covers mountaineering activities. You can find more information on travel insurance [here](#).

## TRIP INCLUSIONS & EXCLUSIONS

### Included

- IMG guides
- All training curriculum and instruction
- Dinners, breakfasts, and hot drinks during the climb
- Group equipment including tents, stoves, climbing ropes and hardware
- Climbing permits

### Not Included

- Lodging and food the evening before the trip
- Lodging after the trip
- Lunches and snack foods
- Meals before and after the program
- Personal clothing and climbing equipment found on the [gear list](#)



Photo: Looking up the Blue Glacier towards the summit (Audrey Simonson)

## LODGING & TRAVEL

The Hoh River Ranger Station is in a pretty remote area of Washington thus it is far away from any close motels or Airbnbs. If you are looking to stay close to the trailhead, guests are able to find lodging in Forks, WA which is about an hour NW of the Visitor Center. Other options include the larger cities of Port Angeles, Hoquium, and Aberdeen each about 2 hours away. Tacoma/Olympia/Seattle are each about 4-5 hours away. Please ensure you have adequate drive time if coming from further away as the roads on the Olympic Peninsula are two lanes. Please note that you are responsible for lodging the night prior to the trip and the night of Day 5.

Plan to return to the trailhead by 4 pm on Day 5. Due to the variable nature of mountaineering, return time can vary significantly. We do not recommend attempting to fly out of Seattle the same day you get down from the climb.

**LET'S TALK!** Questions about the trip? **We'd love to talk to you – please [email](#) or call (360) 569-2609**

*International Mountain Guides, LLC is an authorized mountaineering guide service operating in partnership under a concession with Olympic National Park.*



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