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NEW ENGLAND WINTER PROGRAMS

ountain Guides®

ITINERARIES AND DATES 2023

International

4 Day Expedition Prep Seminar:

Day	4 Day Expedition Prep Seminar Itinerary
Day 1	At 8 am on Day 1 , the group will meet at the <u>Cranmore Mountain Lodge</u> in North Conway for a gear check and initial training session. If you rented any gear it will be distributed during this time. After ensuring that the team has the appropriate gear for the seminar, we will head to our training venue for the day. Lessons include cramponing, steep snow climbing, roped glacier travel, and ice axe arrest. After training, the team will head back into North Conway for the evening, aiming to return around 4-5 PM.
Day 2	Day 2 will also be a training day in the field, with venue and timing subject to the lead guide's discretion. Training topics include ascending and descending fixed lines, snow anchor construction, crevasse rescue, sled rigging and use, with additional lectures on altitude illness, cold injury, glacier travel and route finding, avalanche hazard evaluation, and a West Buttress route brief.
Day 3	On Day 3 , the team will begin our Mt. Washington summit attempt. We will camp overnight en route and practice snow camping skills vital to success on Denali, including snow wall and snow cave construction. This overnight also presents a key opportunity to test cold-weather gear like sleeping bags and parkas.
Day 4	Weather permitting, we will summit Mt. Washington on Day 4 , our final opportunity to test expedition gear and practice snow travel skills. The team will descend the mountain and complete any remaining training modules and lectures before sharing in a wrap-up with guides.

2 Day Mt Washington Winter Climb:

Day	2 Day Mt. Washington Winter Climb
Day 1	At 8 am on Day 1 , the group will meet at the <u>Cranmore Mountain Lodge</u> in North Conway for a gear check and initial training session. If you rented any gear it will be distributed during this time. After ensuring that the team has the appropriate gear for the seminar, we will head to our training venue for the day. Lessons include cramponing, steep snow climbing, and ice axe arrest. After training, the team will head back into North Conway for the evening, aiming to return around 4-5 PM.
Day 2	On Day 2 , we will meet at the Pinkham Notch Visitor Center at 7 AM and gear up for our summit attempt of Mt. Washington. We will ascend the Tuckerman Ravine and Winter Lion Head trails, enjoying the scenery and winter conditions. After reaching the summit (weather permitting), the team will descend the mountain and hopefully reach the parking lot around 4-5 PM.

2 Day Intro to Ice Climbing:

Day	2-Day Intro to Ice Climbing
Day 1	At 8 am on Day 1 , the group will meet at the <u>Cranmore Mountain Lodge</u> in North Conway for a gear check and initial training session. If you rented any gear it will be distributed during this time. After ensuring that the team has the appropriate gear for the day, we will head to our climbing venue for the day. We will cater to the needs and skill level of the group, but topics will most likely be introductory ice climbing skills such as front pointing and ice tool use. After climbing, the team will head back into North Conway for the evening, aiming to return around 4-5 PM.
Day 2	Based on the desires of the group, Day 2 will consist of more ice climbing technique teaching and/or multi-pitch ice climbing.

2 Day Kautz Prep Seminar:

Day	2 Day Kautz Prep Seminar
Day 1	At 8 am on Day 1 , the group will meet at the <u>Cranmore Mountain Lodge</u> in North Conway for a gear check and initial training session. If you rented any gear it will be distributed during this time. After ensuring that the team has the appropriate gear for the seminar, we will head to our training venue for the day. Lessons include ice and steep snow climbing, snow anchor maintenance, and belaying and rappelling. After training, the team will head back into North Conway for the evening, aiming to return around 4-5 PM.
Day 2	On Day 2 , we will meet at the Pinkham Notch Visitor Center at 7 AM and gear up for our summit attempt of Mt. Washington. We will ascend the Tuckerman Ravine and Winter Lion Head trails, enjoying the scenery and winter conditions. After reaching the summit (weather permitting), the team will descend the mountain and hopefully reach the parking lot around 4-5 PM.

We also offer custom trips in New England, contact us for details.

International Mountain Guides, LLC is an authorized mountaineering guide service operating in partnership under a permit with the National Forest Service.