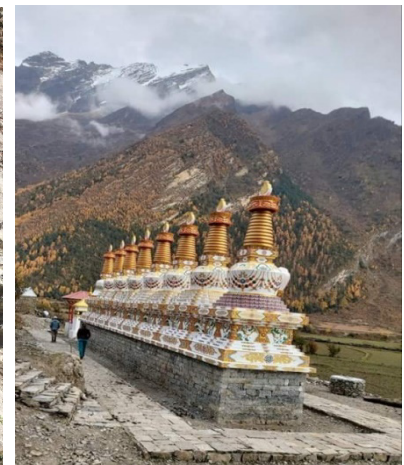


IMG Custom Manaslu Trek, Nepal – Sample Itinerary:

Day	Date (Plug in your dates)	Manaslu Trek
1		Arrival in Kathmandu (3150m)
2		Sightseeing tour in Kathmandu
3		Drive Kathmandu to Sotikhola (710m)
4		Trek to Machhakhola (870m)
5		Trek to Jagat (1340m)
6		Trek to Chumling (2386m)
7		Trek to Chhokangparo (3010m)
8		Trek to Nile (3361m)
9		Trek to Mu Gompa (3700m)
10		Acclimatization day. Visit Dheron Nunnery
11		Trek to Domje (2460m)
12		Trek to Deng (1860m)
13		Trek to Namrung (2630m)
14		Trek to Samagaun (3500m)
15		Acclimatizing day at Samagaun. Visit Pung Gyen Gompa
16		Acclimatizing day at Samagaun. Visit Manaslu BC
17		Trek to Samdo (3860m)
18		Trek to Dharamasala (4480m)
19		Cross the Larkya pass (5213m) trek down to Bhimtang (3720m)
20		Bhimtang to Tilije (2300m)
21		Trek to Dharapani and drive to Pokhara
22		Free day in Pokhara
23		Fly to Kathmandu
24		Contingency Day
25		Depart KTM



Manaslu Trekking (Pega Sherpa)