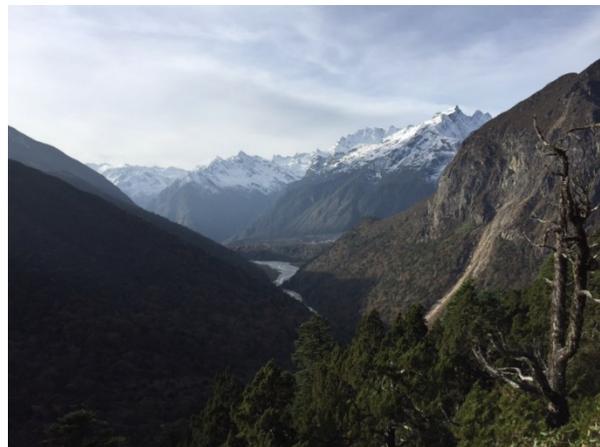


## Custom Kangshung (East) Face of Everest Trek, Tibet – Sample Itin:

Day	Date (Plug in your dates)	Kangshung (East) Face of Everest Trek Itinerary
1		Arrive Kathmandu, transfer to hotel
2		Visa day 1 Drive to Hattiban
3		Visa day 2 Day hike to Champadevi
4		Visa day 3 Return to Kathmandu
5		Fly to Lhasa, transfer to hotel
6		Sightseeing tour of Potala, and Jokhang
7		Sightseeing tour of Sera and Drepung monasteries
8		Drive to Shigatse, visit Gyantse en route
9		Acclimatization day in Shigatse, visit Tashilumpo Monastery
10		Drive to Shegar-- meet sherpa staff
11		Drive to Rongbuk, overnight. Gear truck goes ahead to Kharta
12		Drive to Kharta
13		Trek 1 Prepare for trek
14		Trek 2 Kharta Tsangpo valley to below Shao La pass
15		Trek 3 Cross Shao La (16,000 ft) to Joksum
16		Trek 4 Joksum to meadow camp
17		Trek 5 Pethang Ringmo camp
18		Trek 6 Visit Kangshung BC
19		Trek 7 Raabka Chu camp
20		Trek 8 Tsho Tseringma lake camp
21		Trek 9 Cross Langma La pass (17,000 ft) to Kharta
22		Contingency Day
23		Drive to Kyriong
24		Cross border and fly to Kathmandu
25		Depart



Hiking up the Kangshung Glacier with Lhotse and Everest (Eric Simonson)



Karma Tsangpo River, the headwaters of the Arun River heading to Nepal (Eric Simonson)