

MT. RAINIER CREVASSE RESCUE SCHOOL

WASHINGTON STATE | 2 DAYS | 14,410' | BEGINNER LEVEL



IMG Guide Kevin Kayl teaches crevasse rescue basics on Mt Rainier (Harry Hamlin)

LEARN CREVASSE RESCUE SKILLS WITH IMG

Standing at 14,410 feet tall, Mt. Rainier is the highest peak in Washington and is the most glaciated peak in the Lower 48.

Mount Rainier is a classic training ground for both novice and expert climbers alike. The mountain's easy access to glaciers and crevasses make it an efficient place to practice crevasse rescue and other glacier travel skills. This program gives novice climbers the opportunity to learn necessary skills to climb in glaciated terrain. Skills include: knots, materials, anchor building, rope ascension, and crevasse rescue. With these skills, climbers can be a confident and capable rope team member when climbing in glaciated terrain.

PREREQUISITES

This program is great for novice climbers looking to take their first step into mountaineering and for experienced climbers looking to hone their technical skills. While this program is suited for novice climbers, all participants must be in good physical condition. To reach the training areas, the team will have to ascend some distance on hilly terrain.

ADDITIONAL TRAINING CONSIDERATIONS

For those that want to add a Mount Rainier summit attempt to their training, IMG offers a 6.5-day climb of the Disappointment Cleaver with our [Glacier Skills](#)

DATES/PRICE

[View on our website](#)

GROUP SIZE

10 participants + Guides
Guide Ratio: 5:1

QUICK LINKS

[Itinerary](#)

[Gear List](#)

[FAQ](#)

REGISTER

[Click here](#) to get started.

Program Fee is due in full at registration. All fees and payments are non-refundable and non-transferable.

GENERAL INFO

[Directions/Travel](#)

[Travel Insurance](#)

[Local Lodging](#)

[Tent Rentals at IMG HQ](#)

[Training](#)

[Food Suggestions](#)

[Mt. Rainier Weather](#)

[Suggested Reading](#)

[Tipping your guides](#)

CONTACT US

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[Seminar](#). This program starts with three days on the Paradise glacier completing skills modules. These modules include: ice axe self-arrest, cramponing, rope travel, belaying and repelling, snow anchor building, and crevasse self-rescue/team rescue. After three days of in-depth training, the team will move to Camp Muir and is able to use their skills with a climb of Mount Rainier via the standard DC route. For those looking to extend their stay in the mountains and gain some extra climbing experience, consider our [Baker Rainier Seminar](#) which combines 2 iconic Washington volcano climbs, Mt Baker and Mt Rainier. This program includes in-depth training, more time for acclimatization, and the opportunity to “warm-up” on the lower Mt Baker before tackling Mt Rainier.

THE ITINERARY

Day	Mt Rainier Crevasse Rescue School
Day 1	The course will begin at IMG Headquarters in Ashford, WA at 8 AM. Guides will take the group through a review of different self-rescue equipment, a knot-tying and materials lesson, and an intro into rescue techniques. This review will consider the uses of different materials and gear and the appropriate knots for specific situations during rescue scenarios. After learning the basics of gear, the team will move into a lesson on self-rescue and rope ascension. The team will be able to practice vertical self-rescue on a rigged system at IMG HQ. Finally, the team will review building anchors and move into team rescue haul systems before concluding the day around 5 pm. You are on your own for food and lodging this evening.
Day 2	The team will begin at HQ and transport to Paradise. They will travel together to a suitable training area given weather conditions. The focus of the day's training will be team rescue systems. The group will practice catching a crevasse fall, building a snow anchor, and creating their haul system. After a full day of technical training, the team will return to Ashford at around 5 pm for a team wrap-up.

TRIP INCLUSIONS & EXCLUSIONS

Here is what is included and not included in the cost of your program.

Included

- IMG Guides
- All training curriculum and instruction
- Group equipment including ropes and hardware
- Entrance fee to Mt. Rainier National Park on Day 2
- Round trip transportation from IMG HQ to starting location in Mt. Rainier National Park

Not Included

- Lodging and food the evening of Day 1
- Lunches and snack food, meals before and after the program
- Transportation to and from Ashford
- Personal items and equipment found on the Gear List
- Guide Tips

INSURANCE

Due to our strict no refund policy, IMG strongly advises that you protect potential losses with appropriate insurance coverage. Travel Insurance is strongly suggested and should include coverage for trip cancellation, trip interruption, trip delay, baggage loss, emergency medical expenses, emergency evacuation expense, etc. IMG provides no such insurance coverage. Visit the [Travel Insurance page](#) on our website for more information.

LODGING & TRAVEL

You are responsible for your own for lodging the night of Day 1. Plan to return to IMG HQ by 5pm on Day 2. Due to the variable nature of mountaineering, return time can vary significantly. If you are spending the night in Ashford, don't forget to make arrangements for the last night of the program. We do not recommend attempting to fly out of Seattle the same day you get down from the program.

Local area lodging suggestions can be found on our [website](#), and a limited number of [IMG platform tent rentals](#) may be available as an inexpensive alternative.

GUIDE TIPS

A show of appreciation for a job well done is always appropriate. We think you'll agree that the guides go above and beyond the call of duty to make your program as safe, successful and enjoyable as possible. Our guides typically pool the tips and share them equally. Your contribution to the guides' tip pool can go directly to the lead guide on your program and will be appreciated by all of them! Cash or Venmo is preferred, please contact your guide directly for Venmo information. The amount of tip is at your discretion, but tips for excellent service normally average 10-15% of the cost of the program.

QUESTIONS?

[Email](#) or call at (360) 569-2609 Ext. 1

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