

Mt. Rainier: AIARE Avalanche Rescue Course

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Why Choose This Program?

There are few things like experiencing the mountains during the winter. The beauty, the majesty, the solitude, the vastness. To safely experience the mountains during the winter we need specific skills. Whether we are backcountry skiing/snowboarding, snowshoeing, or climbing our ability to assess avalanche hazard and perform avalanche rescue is paramount to our safety.

IMG is proud to present avalanche education curriculum from the American Institute of Avalanche Research and Education (AIARE). Join IMG's team of certified avalanche educators who work as avalanche professionals throughout the United States to learn and hone your avalanche skills.

This course is designed to be taken independently from an AIARE Avalanche Level 1 Course and is recommended to be taken annually as a refresher of avalanche rescue skills.

Perfect Venues: IMG strives to maximize our learning time in the field. We'll begin each field day at IMG's headquarters in Ashford, WA, then travel to the Paradise area on the south side of Mt Rainier for our field sessions. NOTE: Specific meetup locations and times will be disseminated in pre-course contact.

Lowest Student to Instructor Ratio: IMG has always focused on providing the best experience and learning environment for its students. Our avalanche courses will be taught at a 1:5 Instructor to Student ratio. Such a low ratio allows more instructor-student interaction, allows more opportunities for students to lead in a group environment, and provide a more personalized educational experience.

Learning Objectives: During this 8-hour course, we will focus on developing the skills needed to be an effective rescuer in the event of an avalanche burial. By the end of this course, you will be able to demonstrate effective companion rescue, lead a departure check, have increased familiarity with your personal rescue gear and be qualified (in conjunction with AIARE Rec 1) to participate in AIARE Rec 2 or AIARE Pro 1.

Private Courses available upon request: Have a group of friends or co-workers who want to take an ARC together? IMG is happy to work with you to develop a private ARC course. Contact our office for details. Minimum 5 people.

Dates: Jan 18, 2022, Feb 14, 2022

Landcost: \$215

Cost Includes:

- All training, curriculum and instruction
- AIARE Course Materials
- National Park entrance fee

Cost Does Not Include:

- [Personal gear](#)
- Lodging
- Food

Course Itinerary

The course will meet in Ashford at IMG Headquarters at 8:00 AM and then travel into the backcountry together. Upon arrival at the training location the group will discuss personal protective equipment and rescue gear, conduct a departure check, demonstrate effective avalanche rescue, conduct single victim and multiple victim scenarios and then practice and assess these scenarios. The group will then discuss patient considerations, evacuations and talk through any other questions related to avalanche rescue before returning to IMG HQ at 5:00 PM.