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# MT. OLYMPUS

# WASHINGTON | BLUE GLACIER ROUTE | 5 DAYS | 7,980'

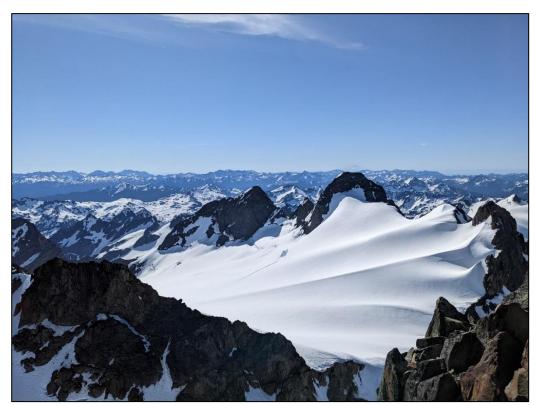


Photo: The view from the top of Mt. Olympus of the Olympic Range (Hans Webster)

#### CLIMB MT. OLYMPUS WITH IMG

Mt. Olympus is one of the last remote peaks in Washington State. It is situated in the heart of Olympic National Park and is over 20 miles from the nearest road. Although smaller than many of its Pacific Northwest counterparts, Mt. Olympus is the third-most glaciated peak in the state.

This trip starts at sea level along the Hoh River, and winds its way through the rainforest and finally into the alpine ecosystem. After spending two nights on the trail, the team will further ascend on the Blue Glacier to the summit of Mt. Olympus. This trip is a well-suited for both novice and experienced climbers looking to have a remote mountain adventure in one of the most biodiverse places on the planet.

#### PREREQUISITES & TRAINING

The Blue Glacier is a novice climbing route well suited to beginners with no previous mountaineering experience. Guides will conduct some technical training of the skills you need to be successful on this program. Prior experience hiking and backpacking is a plus and will allow you to be more comfortable and confident on this trip.

While this program is suited for novice climbers, Mt. Olympus is still a strenuous climb. All participants must be in very good physical condition and have significant cardiovascular fitness. Each day (except summit day) will require

## DATES/PRICE

View on our website

## **GROUP SIZE**

Max: 6 climbers + guides Guide Ratio 3:1

## **QUICK LINKS**

Itinerary
Gear List
FAQ's

## **REGISTER**

Click here to get started. \$500 non-refundable registration fee is due upon registration and applies to total Selected Program price. Remaining balance is due 120 days prior to Scheduled Arrival Date. All fees and payments are nonrefundable and non-transferable.

## **CONTACT US**

(360) 569-2609 Ext. 1 Office@MountainGuides.com climbers to carry a heavy backpack (45-50 lbs) over at least 10 miles. For several months prior to the start of the climb, training should include many long, slow runs or hikes over hilly terrain, an hour or more in duration. Add additional weekend outings carrying a heavy pack up steep hills or stairs, ideally gaining 3,000 feet over 3 or more miles. Aim to move consistently at a moderate pace, with breaks approximately every hour.

#### THE ITINERARY

The trip will start on Day 1 at 10 am at the Hoh River Ranger Station. Itinerary is approximate and subject to change.

Day	Mt. Olympus Summit Climb Itinerary
Day 1	At 10 am on <b>Day 1</b> , your lead guide will take you through a gear check at the Hoh River Rain Forest Visitor Center in Olympic National Park. Here guides will also distribute a little bit of group gear for each team member to carry. Once every one is all packed up and ready to go, the team will depart down the Hoh River Trail. Plan to go about 10 miles on Day 1, meandering next to the Hoh River until reaching the Guard Station. At this camp there are panoramic riverside campsites that the team will occupy for the night. After a nice day of backpacking, the team will eat a nice dinner and get off to sleep.
Day 2	Day 2 will start with an early breakfast on the banks of the Hoh river. The team will break down camp and continue on another 10 miles to Glacier Meadows where they will make camp for the night. This day's hike wanders through the edge of the rainforest and into the alpine. Once at camp, the team has the option of taking a spur hike to go see the Blue Glacier. It will be early to bed for the team as the next day is the summit attempt.
Day 3	The team will wake up again early to try for the summit on <b>Day 3</b> . After a quick breakfast, they will be off ascending the moraine and then dropping onto the Blue Glacier. The team will gradually gain elevation before coming to the bottom of Snow Dome. Once over Snow Dome the route gradually ascends to Crystal Pass and then around to the summit block of Mt. Olympus. To gain the final feet to the top, the team will climb a short yet easy rock pitch on belay. Once done with the climb, the team will go down to the same way they came up back to camp. The team will have a nice dinner and get to bed early after a long day climbing!
Day 4	After a restful night's sleep, the team will pack up camp at Glacier Meadows and start the 20 mile journey back to the trailhead. The team will spend their final night back at the Guard Station on the night of <b>Day 4.</b>
Day 5	The team will finish the hike out on <b>Day 5</b> . The final 10 miles back to the car tend to go quickly and the group should return to the cars in the early afternoon.

## **CUSTOM PROGRAMS**

Contact us for details and scheduling.

## TRIP INCLUSIONS & EXCLUSIONS

## Included

- IMG guides
- All training curriculum and instruction
- Dinners, breakfasts, and hot drinks during the climb
- Group equipment including tents, stoves, climbing ropes and hardware
- Climbing permits

## Not Included

- Lodging and meals before and after the trip
- Lunches and snack foods
- Personal clothing and climbing equipment found on the gear list

- Transportation to/from Hoh River Ranger Station and the trailhead
- Guide tips

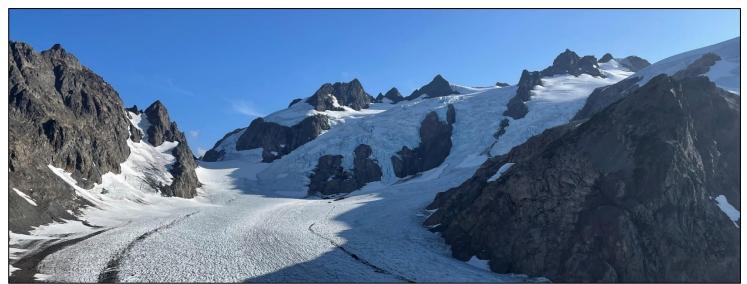


Photo: Looking up the Blue Glacier towards the summit (Audrey Simonson)

#### **INSURANCE**

Due to our strict no refund policy, IMG strongly advises that you protect potential losses with appropriate insurance coverage. Travel Insurance is strongly suggested and should include coverage for trip cancellation, trip interruption, trip delay, baggage loss, emergency medical expenses, emergency evacuation expense, etc. IMG provides no such insurance coverage. Visit the <u>Travel Insurance page</u> on our website for more information.

#### **LODGING & TRAVEL**

The Hoh River Ranger Station is in a pretty remote area of Washington thus it is far away from any close motels or Airbnbs. If you are looking to stay close to the trailhead, guests are able to find lodging in Forks, WA which is about an hour NW of the Visitor Center. Other options include the larger cities of Port Angeles, Hoquium, and Aberdeen each about 2 hours away. Tacoma/Olympia/Seattle are each about 4-5 hours away. Please ensure you have adequate drive time if coming from further away as the roads on the Olympic Peninsula are two lanes. Please note that you are responsible for lodging the night prior to the trip and the night of Day 5.

Plan to return to the trailhead by 4 pm on Day 5. Due to the variable nature of mountaineering, return time can vary significantly. We do not recommend attempting to fly out of Seattle the same day you get down from the climb.

#### **GUIDE TIPS**

A show of appreciation for a job well done is always appropriate. We think you'll agree that the guides go above and beyond the call of duty to make your program as safe, successful and enjoyable as possible. Our guides typically pool the tips and share them equally. Your contribution to the guides' tip pool can go directly to the lead guide on your program and will be appreciated by all of them! Cash or Venmo is preferred, please contact your guide directly for Venmo information. The amount of tip is at your discretion, but tips for excellent service normally average 10-15% of the cost of the program.

#### **QUESTIONS?**

Email or call at (360) 569-2609 Ext. 1

International Mountain Guides, LLC is an authorized mountaineering guide service operating in partnership under a concession with Olympic National Park.

