

# MERA PEAK CLIMB

NEPAL | ASIA | 21,246' – 6476M



Mera Peak (Kevin Kayl)

## CLIMB MERA PEAK WITH IMG

The Mera Peak Express program climbs 21,246ft (6,476m) Mera Peak in less than three weeks, including travel time and contingency days. This program features a fantastic trek and a spectacular climb with world class summit views of five 8000-meter peaks clearly visible (East to West: Kangchenjunga, Makalu, Everest, Lhotse and Cho Oyu). We have also scheduled this program so climbers who wish to do some additional acclimatization and climbing can head to Ama Dablam after the Mera Peak Climb.

Using modern helicopters, like the AS350B3, enables us to avoid the tough decision that has historically faced prospective Mera Peak climbers: how do we get into the Hinku Valley? To access the Hinku Valley on foot, you must either tackle the high Zwatra La pass very early in the trip (quite difficult) or take a much longer and more circuitous approach around from the south. Now, by flying via helicopter to Khote, we can save time and focus on a nice gradual acclimatization trek up the beautiful upper Hinku Valley. The small villages along the way (Khote, Thagnak, and Khare) are inviting to visit, and the scenery is absolutely first class.

Our trek route to Mera essentially wraps around the south, west, and north sides of the peak with the high camp on the Mera La (the 17,767ft / 5415m pass which leads to the Hongu Valley). We will practice our crampons and fixed rope technique before we move up to high camp, as we may need to cross some icy slopes to reach the pass. Near the pass we will erect our tents in a sheltered spot and prepare for our summit ascent. This climb is perfect for people with Mt. Rainier type skills. We will rope-up and use crampons and ice axes as we ascend the glacier. The final pitch is

## DATES & PRICES

**Mera Peak - \$7,000**  
Single Supplement - \$500  
(in hotel & lodges as available)

**October 12-30, 2024**  
**April 2-20, 2025\*\***

## PREREQUISITES

Previous mountaineering experience is required

## QUICK LINKS

[Program Itinerary](#)  
[Gear List](#)  
[Frequently Asked Questions](#)

## CONTACT US

(360) 569-2609  
[Office@MountainGuides.com](mailto:Office@MountainGuides.com)

## REGISTER

- [IMG Application Package](#)
- Application Fee \$1500 USD
- Passport copy

## FEE SCHEDULE

Non-refundable application fee is due at registration and applies to program fees. **\*\*If you choose the Spring program with the Everest Expedition, the Everest program payment schedule applies. Otherwise, balance of all fees are due 120 days prior to trip departure.** Please refer to the application package for payment instructions. Program fees are quoted in US dollars. All fees and payments are non-refundable and non-transferable. Payments must be received by IMG on or before the due dates.

a short steep ice step which we will fix with climbing ropes if our Guide Staff believes it to be necessary.

## THE GUIDES

IMG leaders are professionals and are great teachers as well as strong climbers. All have done numerous high-altitude expeditions. Our clients enjoy the immense benefit of a core group that has climbed together extensively, producing a team that knows how to work well together.

## THE ITINERARY

Note on trip dates: These dates begin on Day 1, the day you arrive in Kathmandu and end on the day you are scheduled to depart from Kathmandu. If you wish to have an extra day at the beginning of the trip to beat the jet lag, arrive in Kathmandu a day early. We can help you make reservations if you arrive early (or stay longer) and you can pay for extra nights in Kathmandu.

Day	Autumn	Spring	Mera Peak Itinerary
1	Saturday, October 12, 2024	Wednesday, April 2, 2025	Arrive Kathmandu
2	Sunday, October 13, 2024	Thursday, April 3, 2025	Gear checks, explore Kathmandu
3	Monday, October 14, 2024	Friday, April 4, 2025	Fly to Lukla, overnight at (9,334ft / 2845m)
4	Tuesday, October 15, 2024	Saturday, April 5, 2025	Acclimatization hike
5	Wednesday, October 16, 2024	Sunday, April 6, 2025	Helicopter to Khote (4095m)
6	Thursday, October 17, 2024	Monday, April 7, 2025	Acclimatization hike
7	Friday, October 18, 2024	Tuesday, April 8, 2025	Acclimatization hike
8	Saturday, October 19, 2024	Wednesday, April 9, 2025	Trek to Thagnak (4350m)
9	Sunday, October 20, 2024	Thursday, April 10, 2025	Acclimatization hike.
10	Monday, October 21, 2024	Friday, April 11, 2025	Trek to Khare (5000m)
11	Tuesday, October 22, 2024	Saturday, April 12, 2025	Acclimatization hike.
12	Wednesday, October 23, 2024	Sunday, April 13, 2025	Khare hike to Mera La
13	Thursday, October 24, 2024	Monday, April 14, 2025	Rest day
14	Friday, October 25, 2024	Tuesday, April 15, 2025	Climb to High Camp (5800m)
15	Saturday, October 26, 2024	Wednesday, April 16, 2025	Summit and return to Khare
16	Sunday, October 27, 2024	Thursday, April 17, 2025	Summit contingency day
17	Monday, October 28, 2024	Friday, April 18, 2025	Descend to Kothe
18	Tuesday, October 29, 2024	Saturday, April 19, 2025	Helicopter from Khothe to Lukla
19	Wednesday, October 30, 2024	Sunday, April 20, 2025	Fly to Kathmandu by fixed wing

**THE DEAL:** Here is what is included and not included in your land cost fee.

### Included

- IMG Leadership, IMG Guides, Sherpas & porters
- All airport transfers in Kathmandu before & after the climb
- Double occupancy hotels with breakfast in Kathmandu for stated itinerary at beginning of expedition
- Welcome dinner in Kathmandu
- All meals while trekking
- Fixed wing flight to Lukla, helicopter to Hinku Valley
- Park fees, permits
- Group equipment (tents, stoves, etc.)
- Base Camp radio & walkie-talkies
- Climbing route equipment
- First aid kit, hyperbaric (Gamow) bag & emergency medical oxygen

## Not Included

- International round trip airfare/tax/baggage fees/travel expenses to/from Kathmandu
- Nepal visa fee
- Excess baggage charges
- Single Supplement hotel accommodations in hotels
- Lodging and meals before/after stated itinerary
- Meals in Kathmandu
- Personal gear
- Tip pool contribution (\$300)
- Satellite phone charges
- Personal sundries and beverages
- Costs incurred as a result of delays or events beyond the control of IMG
- Required Travel insurance; evacuation, hospital or medical costs
- Covid tests (if required for travel); any Covid-related expense resulting in delays or quarantine
- Optional but customary gratuity for your IMG guide, 5% is a good starting point

## THE ODDS & ENDS:

### Ama Dablam Extension

Do you want to take advantage of your acclimatization and climb Ama Dablam after your Mera Peak adventure? Take a look at our [Ama Dablam itinerary](#) which incorporates both Mera Peak and Ama Dablam for a full expedition package!

### Single Supplement

Accommodations are based on double occupancy. Add Single Supplement option for \$500, Includes single room in the hotel in Kathmandu for stated itinerary at the beginning of the trip and lodges on the trek. Please advise IMG and we will adjust your statement. Deadline for reserving & payment for a single supplement accommodation is 120 days prior to your trip.

### Travel Insurance

Emergency evacuation & repatriation coverage and emergency medical expense coverage are required for International Programs. IMG strongly recommends the addition of trip cancellation/interruption coverage due to the IMG refund policy. Coverage should be door to door. Information is on our [website](#).

### Flights

Plan to arrive to Nepal on Day 1 of the stated itinerary. Please provide your complete flight itinerary to us so we can book your hotel reservation, and do keep us informed of any changes to your itinerary. If you arrive a day early, we can assist in reserving an additional hotel night for you (at your expense).

### Tips

We will collect for a tip pool, and ask the team members to please contribute \$300. We will collect this in Kathmandu and distribute this on behalf of the team as a thank you gift to the many unsung people that make the whole operation run smoothly: the porters, trek staff, cooks and helpers, hotel staff, Kathmandu staff, climbing Sherpas, and others. You may also wish to provide additional tip to your guides (figure 5% if you are looking for a generous number).

### Passport & Visa

Your passport must have at least 6 months validity at time of entry to Nepal and one full page required for entry stamp. A tourist visa is required for U.S. citizens to enter Nepal, we'll provide instruction.

### Immunizations + Covid

Participants are required to comply with the Covid-19 vaccination and documentation requirements of the destination country or area. For the most up to date information on Covid-19 vaccination requirements and any other immunization requirements, visit the website of your destination country embassy in the USA, [US Embassy website for your destination country](#), the [CDC](#), and [US State Dept Travel pages](#). Requirements are subject to change. Plan to carry a digital copy of your Covid-19 vaccination record with you.

**QUESTIONS?** [Email](#) or call (360) 569-2609 Ext. 1