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# MACHU PICCHU TREK

#### PERU | SOUTH AMERICA | INCA TRAIL CULTURAL ADVENTURE TREK



The small peak of Waynapicchu rises behind the Citadel (Dustin Balderach)

#### THE INCA TRAIL TREK WITH IMG

Join us for a fun filled adventure starting in Cusco, Peru! We'll acclimate, explore local ruins and tour the "Sacred Valley of the Incas" for acclimatization. Then, we'll trek for several days to on the Classic Inca Trail Route to Machu Picchu, a nearly indescribable sight of early Incan architecture and ingenuity and named one of the "New Seven Wonders of the World".

The "real" Inca Trail route to Machu Picchu is accessible by permit only, and permits are limited. We will apply for our 2024 permits immediately after January 1, 2024. If you would like to join our 2024 Team, now is the time to get on board!

Our program begins in the 12th century colonial town of Cusco, once the Incan capital and home of Manco Capac, one of the early rulers. Today, Cusco retains a history which is a mix of tradition and legend. We'll spend a day here, acclimating to an altitude of about 11,000 feet, with time to stroll the downtown area, sight see and shop. The following day we will depart for the "Sacred Valley." We'll visit the local ruins of Sacsayhuaman, travel to the famous Pisac market, a good place to purchase local crafts and goods, and on to Ollantaytambo, a spectacular site perched high above the town below. We'll overnight in a hotel here, close to our departure point for the Machu Picchu trek. Many people find the local cultural tours to be nearly as impressive as Machu Picchu itself.

During the trek portion of our program, we will use local porters to transport our gear and supplies. This permits us to enjoy the walk each day, as we move along

## **DATES & PRICES**

#### Machu Picchu \$3.900

Add Single Supplement \$500 (in hotels & tents as available)

Early registration is encouraged due to limitations in number of permits issued by Peru. Registration is first come, first served.

Trip 1: Aug 20-28, 2024
Trip 2: Aug 29-Sept 6, 2024
Want more time in Peru?
Consider starting with our
Huayhuash Trek August 4-18,
followed by Machu Picchu!

## **PREREQUISITES**

Solid hiking experience over steep rugged terrain and excellent fitness. High altitude experience is beneficial.

# **QUICK LINKS**

Program Itinerary
Gear List
Frequently Asked Questions

# **REGISTER**

- IMG Application Package
- ☐ Application Fee \$1500
- Passport copy

## **FEE SCHEDULE**

Non-refundable application fee is due at registration and applies to program fees. Balance of all fees are due 120 days prior to trip departure. Please refer to the application package for payment instructions. Program fees are quoted in US dollars. All fees and payments are non-refundable and non-transferable. Payments must be received by IMG on or before the due dates.

# **CONTACT US**

(360) 569-2609 Office@MountainGuides.com unencumbered, free to take photos and investigate our surroundings. Meals will be served by our cook staff in a dining tent set up for your comfort during breakfast, dinner and even some lunches.

For motivated trekkers, the easy but steep ascent of Waynapicchu (the mountain overlooking Machu Picchu) is a satisfying optional challenge, which offers a great "reverse view" of the Machu Picchu ruins. *Please note:* we may not always make this option available to the group, depending on the trail and cable conditions that lead to the precarious summit. There have been fatalities and injuries recorded in the past on this short excursion. Sure footedness and the ability to tolerate steep exposure are required to make the ascent and descent of Waynapicchu.

#### THE GUIDES

Our IMG Guides are well-traveled, experienced trekkers and climbers with a good knowledge of the language. Throughout our small expedition the team staff will include at least one local resident and guide who is an expert of the local history and legends that surround the sights we will explore. This cultural expert will accompany the group throughout the trek and visit of Machu Picchu.

#### THE ITINERARY

Our trip to Peru will be an amazing experience, designed to give trekkers adequate acclimatization time for all objectives. There are several opportunities in the schedule to allow for shopping, sightseeing and general non-guided touring. This itinerary is subject to change, based on the needs of our group, weather and route conditions, and other foreseen and unforeseen circumstances. Alternative routes and/or schedule may be used as warranted.

Classic Inca Trail Trek			
Day	Team 1	Team 2	Itinerary
1	Tuesday, August 20, 2024	Thursday, August 29, 2024	Arrive Cusco (~11,000') by late morning/early afternoon. Hotel in Cusco.
2	Wednesday, August 21, 2024	Friday, August 30, 2024	Easy day in Cusco. Walk around town & tour local sites and Sacsayhuaman ruins. Hotel in Cusco.
3	Thursday, August 22, 2024	Saturday, August 31, 2024	Travel from Cusco to the Sacred Valley, tour Pisac and Ollantaytambo and a llama and alpaca farm where wool is made into local handicrafts (great gift shopping!). Overnight at hotel in Ollantaytambo (lower than Cusco).
4	Friday, August 23, 2024	Sunday, September 1, 2024	Early breakfast, then bus to trailhead to begin the trek. Hike to first camp at Wayllabamba (9,840').
5	Saturday, August 24, 2024	Monday, September 2, 2024	Uphill trekking to the Abra de Huarmihuanusca ("Dead Woman's Pass", 13,780') then trek down to 2nd Camp at Pacamayo (11,808').
6	Sunday, August 25, 2024	Tuesday, September 3, 2024	Trek to Runkuracay (12,470'), Sayacmarca (8,692'), Phuyupatamarca (11,930') to 3rd camp at Winayhuayna (11,930')
7	Monday, August 26, 2024	Wednesday, September 4, 2024	Arrive to Machu Picchu (7,875'), entering in the morning via the Sun Gate, tour the Citadel. Later in the afternoon descend by bus to Aguas Calientes (6,724'), hotel.
8	Tuesday, August 27, 2024	Thursday, September 5, 2024	Optional climb to Waynapicchu (8,835') in morning, train to Cusco in afternoon. Hotel in Cusco.
9	Wednesday, August 28, 2024	Friday, September 6, 2024	Transfer to the Cusco airport in the morning for connecting flights back to home

**THE DEAL:** Here is what is included and not included in your land cost fee.

#### Included

- IMG Leadership & local guides/cultural expert
- Cook team, drivers, porters
- Group equipment (kitchen, tents, etc.)
- Private tours described in itinerary

- Permit fees, and entrance fees for all cultural touring sites
- Airport transfers to/from Cusco airport if arriving/departing per published itinerary
- Ground transportation
- Shared accommodations in 3-star hotels (or better) for published itinerary
- Welcome dinner on first night & continental breakfasts in hotel in Cusco
- Three meals a day except in Cusco
- IMG carries a Gamow bag & pulse oximeter on the trip

#### Not Included

- International airfare/tax/baggage fees
- Airport transfers/taxi if arriving/departing outside of published itinerary
- Single Supplement hotel accommodations
- Food and lodging, should you arrive in Cusco early or stay longer than itinerary
- Beverages, bottled water, alcoholic drinks during the trip
- Personal shopping and snacks
- Lunches & dinners in Cusco with the exception of the Welcome Dinner
- Personal gear
- Travel insurance; evacuation, hospital or medical costs
- Covid tests (if required for travel); any Covid-related expense resulting in delays or quarantine
- Tip pool for local guides and support staff- \$200 USD per person
- Optional but customary gratuity for your IMG guide, 5% is a good starting point

#### THE ODDS & ENDS:

#### Fitness & Preparation

Most of the trek days typically require long hiking days, 6-10 hours of effort, with the bulk of our gear carried by porters. All mornings usually start early and the day's journey often takes until dinner time. Because of the trekking portion of this trip and the general high altitude of the area (10-13,000 feet), we recommend that all participants engage in a physical training program for at least six months prior to trip departure. All participants must consult with their medical professional regarding their personal health and the additional demands of high altitude, well in advance of the trip.

#### Single Supplement

Accommodations are based on double occupancy. If you prefer a single room in the hotels and tents (as available), this can be arranged for an additional \$500. If we cannot pair you with a roommate, you will be charged the single supplement fee.

#### **Travel Insurance**

Emergency evacuation coverage and emergency medical expense coverage are required for International Programs. IMG strongly recommends the addition of trip cancellation/interruption coverage due to the IMG refund policy. Information is on our website.

#### **Flights**

Plan to arrive in Cusco on Day 1 of the published itinerary, and depart on Day 9. Please provide your complete flight itinerary and do keep us informed of any changes to your itinerary.

#### Passport & Visa

Your passport must have at least 6 months validity at time of entry to Peru and one full page required for entry stamp. A tourist visa is required on arrival for U.S. citizens to enter Peru, this is free and issued at the port of entry.

#### **Immunizations + Covid**

Participants are required to comply with the Covid-19 vaccination and documentation requirements of the destination country or area. For the most up to date information on Covid-19 vaccination requirements and any other immunization requirements, visit the website of your destination country embassy in the USA, <u>US Embassy website for your destination country</u>, the <u>CDC</u>, and <u>US State Dept Travel pages</u>. Requirements are subject to change. Plan to carry a digital copy of your Covid-19 vaccination record with you.

QUESTIONS? <u>Email</u> or call (360) 569-2609