

MERA PEAK CLIMB

NEPAL | ASIA | 21,246' – 6476M



Mera Peak (Kevin Kayl)

CLIMB MERA PEAK WITH IMG

The Mera Peak Express program climbs 21,246ft (6,476m) Mera Peak in less than three weeks, including travel time and contingency days. This program features a fantastic trek and a spectacular climb with world class summit views of five 8000-meter peaks clearly visible (East to West: Kangchenjunga, Makalu, Everest, Lhotse and Cho Oyu). We have also scheduled this program so climbers who wish to do some additional acclimatization and climbing can head to Ama Dablam after the Mera Peak Climb.

Using modern helicopters, like the AS350B3, enables us to avoid the tough decision that has historically faced prospective Mera Peak climbers: how do we get into the Hinku Valley? To access the Hinku Valley on foot, you must either tackle the high Zwatra La pass very early in the trip (quite difficult) or take a much longer and more circuitous approach around from the south. Now, by flying via helicopter to Khote, we can save time and focus on a nice gradual acclimatization trek up the beautiful upper Hinku Valley. The small villages along the way (Khote, Thagnak, and Khare) are inviting to visit, and the scenery is absolutely first class.

Our trek route to Mera essentially wraps around the south, west, and north sides of the peak with the high camp on the Mera La (the 17,767ft / 5415m pass which leads to the Hongu Valley). We will practice our crampons and fixed rope technique before we move up to high camp, as we may need to cross some icy slopes to reach the pass. Near the pass we will erect our tents in a sheltered spot and prepare for our summit ascent. This climb is perfect for people with Mt. Rainier type skills. We will rope-up and use crampons and ice axes as we ascend the glacier. The final pitch is

DATES & PRICES

Mera Peak - \$7,000
Single Supplement - \$500
(in hotel & lodges as available)

April 9-27, 2024
October 12-30, 2024

PREREQUISITES

Previous mountaineering experience is required

QUICK LINKS

[Program Itinerary](#)
[Gear List](#)
[Frequently Asked Questions](#)

CONTACT US

(360) 569-2609
Office@MountainGuides.com

REGISTER

- [IMG Application Package](#)
- Application Fee \$1500 USD
- Passport copy

FEE SCHEDULE

Non-refundable application fee is due at registration and applies to program fees. **Balance of all fees are due 120 days prior to trip departure.** Please refer to the application package for payment instructions. Program fees are quoted in US dollars. All fees and payments are non-refundable and non-transferable. Payments must be received by IMG on or before the due dates.

a short steep ice step which we will fix with climbing ropes if our Guide Staff believes it to be necessary.

THE GUIDES

IMG leaders are professionals and are great teachers as well as strong climbers. All have done numerous high-altitude expeditions. Our clients enjoy the immense benefit of a core group that has climbed together extensively, producing a team that knows how to work well together.

THE ITINERARY

Note on trip dates: These dates begin on Day 1, the day you arrive in Kathmandu and end on the day you are scheduled to depart from Kathmandu. If you wish to have an extra day at the beginning of the trip to beat the jet lag, arrive in Kathmandu a day early. We can help you make reservations if you arrive early (or stay longer) and you can pay for extra nights in Kathmandu.

Day	Spring	Autumn	Mera Peak Itinerary
1	Tuesday, April 9, 2024	Saturday, October 12, 2024	Arrive Kathmandu
2	Wednesday, April 10, 2024	Sunday, October 13, 2024	Gear checks, explore Kathmandu
3	Thursday, April 11, 2024	Monday, October 14, 2024	Fly to Lukla, overnight at (9,334ft / 2845m)
4	Friday, April 12, 2024	Tuesday, October 15, 2024	Acclimatization hike
5	Saturday, April 13, 2024	Wednesday, October 16, 2024	Helicopter to Khote (4095m)
6	Sunday, April 14, 2024	Thursday, October 17, 2024	Acclimatization hike
7	Monday, April 15, 2024	Friday, October 18, 2024	Trek to Thagnak (4350m)
8	Tuesday, April 16, 2024	Saturday, October 19, 2024	Contingency
9	Wednesday, April 17, 2024	Sunday, October 20, 2024	Acclimatization hike.
10	Thursday, April 18, 2024	Monday, October 21, 2024	Trek to Khare (5000m)
11	Friday, April 19, 2024	Tuesday, October 22, 2024	Acclimatization hike.
12	Saturday, April 20, 2024	Wednesday, October 23, 2024	Contingency
13	Sunday, April 21, 2024	Thursday, October 24, 2024	Climb to High Camp (5800m)
14	Monday, April 22, 2024	Friday, October 25, 2024	Summit Mera (6476m), return to Khare
15	Tuesday, April 23, 2024	Saturday, October 26, 2024	Contingency
16	Wednesday, April 24, 2024	Sunday, October 27, 2024	Descend to Thagnak or Khote
17	Thursday, April 25, 2024	Monday, October 28, 2024	Helicopter to Lukla, flight to Manthali, transfer to KTM
18	Friday, April 26, 2024	Tuesday, October 29, 2024	Contingency
19	Saturday, April 27, 2024	Wednesday, October 30, 2024	Depart

THE DEAL: Here is what is included and not included in your land cost fee.

Included

- IMG Leadership, IMG Guides, Sherpas & porters
- All airport transfers in Kathmandu before & after the climb
- Double occupancy hotels with breakfast in Kathmandu for stated itinerary at beginning of expedition
- Welcome dinner in Kathmandu
- All meals while trekking
- Fixed wing flight to Lukla, helicopter to Hinku Valley
- Park fees, permits
- Group equipment (tents, stoves, etc.)
- Base Camp radio & walkie-talkies
- Climbing route equipment
- First aid kit, hyperbaric (Gamow) bag & emergency medical oxygen

Not Included

- International round trip airfare/tax/baggage fees/travel expenses to/from Kathmandu
- Nepal visa fee
- Excess baggage charges

- Single Supplement hotel accommodations in hotels
- Lodging and meals before/after stated itinerary
- Meals in Kathmandu
- Personal gear
- Tip pool contribution (\$300)
- Satellite phone charges
- Personal sundries and beverages
- Costs incurred as a result of delays or events beyond the control of IMG
- Required Travel insurance; evacuation, hospital or medical costs
- Covid tests (if required for travel); any Covid-related expense resulting in delays or quarantine
- Optional but customary gratuity for your IMG guide, 5% is a good starting point

THE ODDS & ENDS:

Ama Dablam Extension

Do you want to take advantage of your acclimatization and climb Ama Dablam after your Mera Peak adventure? Take a look at our [Ama Dablam itinerary](#) which incorporates both Mera Peak and Ama Dablam for a full expedition package!

Single Supplement

Accommodations are based on double occupancy. Add Single Supplement option for \$500, Includes single room in the hotel in Kathmandu for stated itinerary at the beginning of the trip and lodges on the trek. Please advise IMG and we will adjust your statement. Deadline for reserving & payment for a single supplement accommodation is 120 days prior to your trip.

Travel Insurance

Emergency evacuation & repatriation coverage and emergency medical expense coverage are required for International Programs. IMG strongly recommends the addition of trip cancellation/interruption coverage due to the IMG refund policy. Coverage should be door to door. Information is on our [website](#).

Flights

Plan to arrive to Nepal on Day 1 of the stated itinerary. Please provide your complete flight itinerary to us so we can book your hotel reservation, and do keep us informed of any changes to your itinerary. If you arrive a day early, we can assist in reserving an additional hotel night for you (at your expense).

Tips

We will collect for a tip pool, and ask the team members to please contribute \$300. We will collect this in Kathmandu and distribute this on behalf of the team as a thank you gift to the many unsung people that make the whole operation run smoothly: the porters, trek staff, cooks and helpers, hotel staff, Kathmandu staff, climbing Sherpas, and others. You may also wish to provide additional tip to your guides (figure 5% if you are looking for a generous number).

Passport & Visa

Your passport must have at least 6 months validity at time of entry to Nepal and one full page required for entry stamp. A tourist visa is required for U.S. citizens to enter Nepal, we'll provide instruction.

Immunizations + Covid

Participants are required to comply with the Covid-19 vaccination and documentation requirements of the destination country or area. For the most up to date information on Covid-19 vaccination requirements and any other immunization requirements, visit the website of your destination country embassy in the USA, [US Embassy website for your destination country](#), the [CDC](#), and [US State Dept Travel pages](#). Requirements are subject to change. Plan to carry a digital copy of your Covid-19 vaccination record with you.

QUESTIONS? [Email](#) or call (360) 569-2609 Ext. 1